# Health Services Department



As we wrap up the 24-25 school year, we want to share some very important *immunization* information with you, in preparation for the new school year.

# Routine Immunizations

Vaccinations help our immune systems recognize and fight off contagious diseases. Without immunizations, you and your child are at higher risk of becoming seriously ill or worse from vaccine preventable diseases (CDPH, April 14, 2025).

It's important that we make sure everyone—especially children—has full access to immunization services. If you need help in finding a place to get immunized, Families can contact their local health department.

This is especially important prior to the start of school in August. Students must be up-to-date on immunizations to attend school. Families without health insurance can get no to low-cost vaccines at Vaccines for Children program. Visit MyTurn to learn more.

Welcome to the latest edition of the Health Services

bepartment Newsletter! This newsletter will cover immunizations.

Let's dive in!



Please visit the Shots for School CDPH page for information on immunization laws and required vaccinations for students in California (CDPH, April 14, 2025).



## **Required Vaccines for School Entry (TK-12)**

For students entering transitional kindergarten (TK) through 12th grade, the following immunizations are required:

- Diphtheria, Tetanus, and Pertussis (DTaP, DTP, Tdap, or Td): 5 doses (4 doses acceptable if one was given on or after the 4th birthday; 3 doses acceptable if one was given on or after the 7th birthday).
- Polio (OPV or IPV): 4 doses (3 doses acceptable if one was given on or after the 4th birthday).
- Hepatitis B: 3 doses (required for admission to any grade except 7th grade).
- Measles, Mumps, and Rubella (MMR): 2 doses (both given on or after the 1st birthday).
- Varicella (Chickenpox): 2 doses.

<u>Additionally, students advancing to 7th grade</u> <u>must have:</u>

- Tetanus, Diphtheria, Pertussis (Tdap): 1 dose on or after the 7th birthday.
- Varicella (Chickenpox): 2 doses (requirement expires after June 30, 2025).
   CDPH





- The Month of May:
  - National Asthma and Allergy Awareness Month - focuses on education and awareness about asthma and allergies
  - National Women's Health Month focused on promoting women's health and wellness
  - Mental Health Awareness Month aims to raise awareness about mental health, reduce stigma, and encourage people to seek help
- May 6th: <u>International Nurses Day</u> recognizing the vital role of nurses in healthcare
- May 7th: <u>School Nurse Day</u> recognizes and appreciates the vital role school nurses play in promoting student health, safety, and wellbeing.
- May 31st: <u>Kindergarten Oral Health</u>
   <u>Assessment Due Date</u> California law requires those entering kindergarten or first grade public school receive this assessment.

# SUSD First Annual Health & Resource Fair!!! May 8th 2-6pm Edison High School

100 Dr. Martin Luther King Jr. Blvd. Stockton, CA 95206

300 <u>FREE</u> to go box meals, swag bags, and opportunity drawing



For more vaccine information please visit:

Shots for School.









(209)933-6520

# Health Services Department



# LOCAL RESOURCES:

California Department of Public Health -Parent's Guide to Immunizations Required for Preschool:

https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH %20Document%20Library/Immunization/IMM-222ChildCare.pdf

#### Are your kids ready for school? - Required Immunizations for School Entry:

https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH %20Document%20Library/Immunization/IMM-222 School.pdf

Please visit our Health Services Website for more resources:

\*\*\*Scan the QR code located in the bottom left corner to access the Health Services webpage.\*\*

Sixth-grade students will not be placed on a

If you have questions regarding resources for

these immunizations, contact Health Services

**Employee of the Month:** 

We are proud to recognize Selia Lo.

Healthcare Assistant, as our Employee of

the Month of April. For their outstanding

work and dedication to our students and

families, Thank you!

For more details about the topics mentioned in

this newsletter, visit the SUSD Health Services

Department website. Simply scan the QR code

located in the bottom left corner of this newsletter to access it.

7th-grade class roster until immunization

**IMPORTANT NOTICE:** 

requirements are met.

at (209) 933-7060.

## Required Vaccines for Preschool

Children entering pre-kindergarten programs, including child care and preschool, must receive age-appropriate immunizations. The specific number of doses required varies by the child's age at admission.

#### For example:

- Ages 2 through 3 months: 1 dose each of Polio, DTaP, Hepatitis B, and Hib.
- Ages 4 through 5 months: 2 doses each of Polio, DTaP, Hepatitis B, and Hib.
- · Ages 6 through 14 months: 2 doses of Polio, 3 doses of DTaP, 2 doses of Hepatitis B, and 2 doses of Hib.

These requirements ensure that young children are protected against serious diseases early in life.

## Measles in California

#### What is Measles?

Measles is a very contagious illness caused by a virus. It spreads through the air when someone with measles coughs or sneezes. If you're not vaccinated, you can catch it just by being in the same room as that personeven up to two hours after they've gone.

- Recent Cases: In 2024, California confirmed 15 measles cases. an increase from four cases in 2023.
- Vaccination Rates: While California's overall MMR vaccination rate for kindergartners remains above 95%. approximately 28% of counties report rates below this threshold, increasing the risk of outbreaks.





Symptoms usually appear 7-14 days after exposure and often include:

- High fever (may spike over 104°F / 40°C)
- Cough
- Runny nose
- Red. waterv eves (conjunctivitis)
- Koplik spots (tiny white spots inside the mouth)
- Rash: Red, blotchy rash that starts on the face and spreads down the body

#### 🚨 Why Measles Is Dangerous

While many people recover, measles can cause serious complications, especially in young children, including:

- · Pneumonia (most common cause of death from measles in young children)
- Encephalitis (brain swelling, which can lead to seizures or brain damage)
- Severe diarrhea and dehydration
- · Permanent hearing loss
- Subacute sclerosing panencephalitis (SSPE): a rare but fatal brain disorder that can appear years later



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### Importance of Vaccination

The MMR (measles, mumps, rubella) vaccine is 97% effective in preventing measles. High vaccination coverage is essential to maintain herd immunity and prevent outbreaks.





